



Whenever you have sex there is always a chance for pregnancy. During pregnancy, your body goes through many changes. Some common symptoms of early pregnancy include:

- **Late/Missed period**
- **Tiredness**
- **Nausea**
- **Mood swings**
- **Breast tenderness**
- **Food cravings**
- **Frequent urination**
- **Backaches**

There can be a lot of thoughts, feelings and even questions after a positive test.

If you are concerned that you may be pregnant, **Cross Timbers Pregnancy Care Center** offers *free and confidential* pregnancy tests. It is important for you to have all of the information regarding pregnancy, and the options that you have.